**OUTPATIENT MANAGEMENT OF ASTHMA IN CHILDREN (< 5 YEARS)**

**Week 1:**
- **Low dose ICS** + **Leukotriene modifier**
- **Refer to Specialist**

**Week 2:**
- **Double dose ICS** + **Leukotriene modifier**
- **Systemic Steroid**

**Week 3:**
- **Preferred: Double dose ICS** + **Leukotriene modifier**
- **Refer to Specialist**

**Week 4:**
- **Low dose ICS** + **Leukotriene modifier**
- **Asthma Education**
- **Evaluate Compliance**

**Week 5:**
- **Medium to high dose ICS** + **LABA**
- **Systemic Steroid**
- **Consider Anti-Ig E**

**Week 6:** [Refer to Specialist]

**Step-Down approach if controlled for 6-12 weeks**

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**Week 6:** [Refer to Specialist]

**Step-Down approach if controlled for 6-12 weeks**

**SUPPLEMENTS**

**Table 1:** The test for respiratory and asthma control in kids (TRACK) for children ≤ 5 years of age

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<thead>
<tr>
<th>Score</th>
<th>C-ACT Score</th>
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<tr>
<td>≥ 80</td>
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**Table 2:** The Child Asthma Control Test (C-ACT) for kids 4-12 years of age

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**Table 3:** Selection of inhaler devices in children

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**Abbreviations:**
- **C-ACT:** Childhood Asthma Control Test
- **TRACK:** Test for Respiratory and Asthma Control in Kids
- **LABA:** Long Acting Beta2 Analogues
- **ICS:** Inhaled Corticosteroids
- **Anti-Ig E:** Anti-IgE Therapy

**Source:** Annals of Thoracic Medicine 2012;7:175-204

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**PHYSICIAN ASSESSMENT OF ASTHMA CONTROL**

**Characteristics**
- Controlled (all of the following)
- Partially controlled (any of the following)
- Uncontrolled (≥ 3 of the following)

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